



equilibrium lifestyle management

ELM MEMBERSHIP APPLICATION

Name of Participant: _____ Date: _____

Mailing Address: _____ Postal code: _____

Phone Number: Day _____ Eve _____

Email Address (for ELM use only): _____

Birthdate and Age: _____

Medical Conditions, Allergies & Medications:

Do you carry a ventilator, epi-pen or any medication for illness or allergies?

YES ___ NO ___ Please provide details: _____

Emergency Contact Name and Number: _____

Please check the ELM Programs that you have participated in:

Learn to Run ___ Trail Running ___ 10k Training ___ 1/2 Marathon Training ___

Adventure Mix ___ Bootcamp ___ Need for Speed ___ Walk-Fit ___

Women's Weight Training ___ Women's Hiking ___ Women's Weekend Warriors ___

Personal Training ___ Athlete Training ___ Fitness Appraisals ___

Other _____

Please list any suggestions for future programs and services through ELM:

ELM Membership Policy: Memberships are non-transferrable and may only be used by the person named on the membership card. Membership cards must be presented at time of purchase to receive member discount prices and identification may be required. Memberships are active for one year from the date they were purchased and may be renewed at anytime. A \$5 fee will be charged for replacement membership cards. In case of injury of unforeseen emergencies ELM will freeze your membership for up to 1 year from time of request. **ELM Program Cancellation**

Policy: Full refund, less \$10 administration fee, up to one week prior to the course date, 50% refund up to 24 hours prior to course date, no refunds less than 24 hours prior to course date.

I agree to and will abide by the above policies: Signature: _____

Print name clearly: _____ Date: _____

Payment Information Individual: \$40 Couple: \$70 Family (3+): \$90

Small Business (5-9): \$200 Large Business (10+): \$350

Cost: _____ 12% H.S.T: _____ Total Paid: _____ Method: _____

Cheques payable to Equilibrium All prices are subject to HST.

F I T N E S S A D V E N T U R E S

